



National Sport School Suite 110, 151 Canada Olympic Road S.W., Calgary AB T3B 6B7 t | 403-777-7329 nss main office@pallisersd.ab.ca

Bulletin #2 September 12, 2023

Important Dates:

September 19: Terry Fox Run & BBQ September 22: PD Day No students September 27: Meet the Teacher 6:30pm September 29: Orange Shirt Day

Attendance:

Please report absences any of the following:

1. via the EDSBY app (see note below regarding Edsby link)

2. nss attendance@pallisersd.ab.ca

3. 403-777-7329

4. Students that will be away for more than 3 days will need to complete a <u>Travel Plan Form</u>. Forms are also available at the front desk (or your TA teacher can email one to you).

Sign In/Out Sheets:

If you are leaving early or arriving late please make sure to use the SIGN IN/OUT sheets at the front office. If you do not, you will be marked absent!!

Pick up/Drop off Location:

WinSport has asked that parents please use the LOOP in front of the Markin MacPhail Centre for student drop off and pick up.

Lockers for Grade 8, 9 and 10's:

Lockers will not be assigned until closer to the end of the month. Stay tuned for more details.

Reminder: Students <u>may not</u> use the elevator to access the 4th floor unless approved.

Parent Council Meeting:

Our first Parent Council Meeting is October 17, 2023 at 6:30pm. Hosted in person at the school in Room 112.

Special Guest from Education USA:

We are excited to host a representative from Education USA who specializes in the NCAA application process. This will be a student information session and there will be an opportunity to ask questions. All students interested in playing their sport at a University in the USA should plan to come. It will be **Tuesday, September 26** at lunch in Room 114.

NSS Cross Country:

All students interested in XC running, please meet with Ms. Biegler in room 121 on Tuesday, September 12 at lunch.

Hill Passes:

WinSport has let us know that the West Hill Road Access will be open from now on. Students will no longer need a hill pass to enter.

Leadership:

First Leadership meeting is **Tuesday, September 12** at lunch in Room 120. All grades are welcome to join our leadership team! Any students interested in both Cross Country and Leadership should attend the cross meeting first. See Ms. Sceviour or Ms. Spencer if you are unable to attend the meeting but are interested in being involved this year.





PSAT:

We still have room in the practice SAT that we hold on October 18, 2023. Spaces are limited. Please see Ms. Kilbreath in the Student Common area to sign up.

Construction Note:

Families of NSS may want to add a bit of extra time to their commute into WinSport due to the private construction outside the park entrance.

Terry Fox Run & BBQ on September 19: We are running a **revised schedule**, with TA falling just before lunch and the BBQ.

Period 1: 8:30-9:45 Period 2: 9:45-11:00 Terry Fox Run/TA: 11:00-11:40 BBQ Lunch: 11:40-12:10 Period 3: 12:10-1:30 Period 4: 1:30-2:50

At 11:00am students should **meet in TA**! We will have a staggered start for TAs to enter the course (the course is approximately 1 km in length, please wait until your TA name is called). Students can walk or run, but it would be great to see our student/athletes "Try like Terry!"

All students, **please bring a "Toonie for Terry"** that will be collected by your TA. There will also be a collection box at the main office if any parents want to donate. Lunch will be a Costco hot dog, juice box or water, and a bag of chips. There will also be some vegetarian hot dogs available upon request. Lunch will be served out of the main floor student area. Thank you for your enthusiastic participation!

Terry Fox Run Parent Volunteers:

We require **5 parent volunteers** for our Terry Fox Run on September 19 from 10:45 - 11:45 am to manage the road crossings. Please contact Rebecca at

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<u>rebecca.biever@pallisersd.ab.ca</u> if you are able to help.

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Yearbooks:

2022-23 Yearbooks have arrived! If you missed ordering one last year, we do have a few extra copies available at the front office for \$35.

Teacher Tutorial Times:

National Sport School

Looking for extra support?? Teachers are available at the times listed below.

Tutorial Times at NSS for Semester 1 Morning - 8:00 to 8:30 A.M. After School - 3:00 to 3:30 P.M.

Teacher	Time #1	Time #2
Anderson	Monday Lunch	Wednesday Lunch
Beaudin	Tuesday Lunch	Wednesday After School
Biegler	Tuesday After School	Thursday After School
Boughton	Tuesday Lunch	WednesdayAfter School
Burkart	Monday Morning	Thursday After School
Forsyth	Monday Lunch	Wednesday After School
Howell	Monday Lunch	Wednesday After School
Kehler	Wednesday Lunch	Thursday Before School
Pentney	Wednesday After School	Monday Lunch
Pratt	Tuesday After School	Thursday Lunch
Robichaud	Monday After School	Thursday Lunch
Sceviour	Monday Lunch	Wednesday After School
Sharda	Tuesday Morning	Thursday Lunch
Spencer	Tuesday Morning	Wednesday After School
Tarney	Tuesday After School	Thursday After School
Taven	n.a.	Thursday Lunch
Thomas	Tuesday Lunch	Thursday Lunch
Thomson	Tuesday Morning	Wednesday After School
Торр	Tuesday After School	n.a.
Zado	Monday Morning	Thursday After School

Discovery Day at Medical School:

Any students interested in attending Discovery Days at medical school, please see Ms. Biegler. This is a free full day program on Wednesday, October 18th where students get to take part in 2 workshops of their choice, talk to a panel of doctors on tips to get





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into medical school and includes a free lunch. We can only send 3 students per school in Calgary. Grade 12 students will be given priority. Students will provide their own transportation.

Student Successes:

We love celebrating our students' successes!! Please email <u>nss_main_office@pallisersd.ab.ca</u> if you would like to share a photo and the results of your competition.

Congratulations to Charlotte Sinke who finished 2nd in the 3000m at the Pan American U20 Championships this summer.





Congratulations to Parker Heiderich who won the Wildrose Invitational Novice Men's Competition this summer with a new Personal Best score which currently ranks #1 in Novice Men in Canada. He also went to the Cranberry Open in Boston where brought home a gold in the short program and a silver medal in the freeskate.





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Congratulations to Abbie Clarke who hosted her 7th **Clarke Community Walk** to raise awareness for Pulmonary Fibrosis. The walk took place on September 9, 2023 but is still accepting donations. They have currently raised more than \$15,000!! Please use the link below for more information.

https://p2p.onecause.com/cpffwalks/event/clarke-wal k-for-pf-calgary





Link from CTV news below:

https://calgary.ctvnews.ca/calgary-teen-abbie-clarkestages-walk-to-raise-awareness-of-pulmonary-fibrosi s-1.6555382